

The CommuniQue

SPRING 2018

COLORADO, IOWA, KANSAS, MISSOURI, NEBRASKA, NEW MEXICO, NORTH DAKOTA & SOUTH DAKOTA



**EIGHTH DISTRICT
OMEGA PSI PHI FRATERNITY, INC.**

ΩΨΦ



81ST GRAND
CONCLAVE
NEW ORLEANS, LA

July 20-24, 2018



The Mighty 8th District
Omega Psi Phi Fraternity, Inc.
755 Oriental Lilly Drive
O'Fallon MO, 63366

19 April 2018

Dear Brothers of the 8th District,

I am pleased to share that I have read and reviewed the fall 2018 edition of the Eighth District Communique. I am proud to read about the accomplishments of the brothers. I am extremely happy to see the various community service activities our chapters are doing! Chapters all over this Mighty Eighth District have selflessly upheld the traditions and mandated programs of Omega Psi Phi Fraternity, Inc. We are all making a difference brothers; please keep it up and be sure to continue to document and submit the hard work you are all doing!

These submissions document our Fraternity and District's history along with highlighting our district at the international level via the Oracle. I am aware of the extra work it takes to document and submit chapter activities; however, nothing worth having comes easy. This is why we chose to become Omega Men!

Fraternally,

James Ball

James R. Ball
Eighth District Representative



The Mighty 8th District
Omega Psi Phi Fraternity, Inc.
755 Oriental Lilly Drive
O'Fallon MO, 63366

19 April 2018

Dear Brothers of the 8th District,

I am excited to share this latest volume of the Eighth District CommuniQue! I really would like to thank the brothers that took a few extra minutes to record and document their chapter's community service, fellowship events and mandated programs. The brothers of the Eighth District do a great deal of good in their communities. Let us continue to highlight our impact for all to see.

During my Eighth District Publicist campaign, my promise was to increase the visibility of the hard work of the 8th District within the district and fraternity wide. I will continue to do my best to live up to that promise. However, this cannot be done by me alone. All chapters must continue to submit content. If we have content for the CommuniQue, we have content to submit to the Oracle. This will help the 8th District to reach its goal of increased exposure at all levels of the fraternity. Please keep up the good work brothers!

If you have article submissions, questions or article ideas to highlight the Eight District, I can be reached at 405-503-1324 or paulprosper79@gmail.com.

Fraternally,

Paul Prosper

Paul Prosper
Director of Public Affairs (Publicist)
8th District
Omega Psi Phi Fraternity, Inc.

"Many individuals claim that they fail to document due to a lack of time. But the reality is that they do not fully comprehend the value of creating proper documentation."

Unknown



COLORADO

ΩΨΦ

Chi Phi Chapter Celebrates the Life of MLK

On January 15, 2018, Chi Phi Chapter participated in the 32nd Annual Martin Luther King Jr. Parade. Dignitaries in attendance included Colorado Gov. John Hickenlooper, U.S. Senator Michael Bennet, and U.S. Representatives Diana DeGette, Ed Perlmutter, Mike Coffman and State Representative Brother Jovan Melton. After listening to speeches and singing, over 50 Brothers of Chi Phi Chapter and 20 Omega Leadership Academy youth (Mentoring Program) sang and marched with several thousand people. The parade route was from City Park along Colfax Ave. to Civic City Park. The celebration was uplifting and urged participants to preserve the legacy of the Dr. King and the Civil Rights Movement as we near the 50th Anniversary of Dr. King's assassination.



RJ Sangosti, The Denver Post Thousands gather for the Martin Luther King Jr. Parade on Jan. 15, 2018 in Denver. This was the 32nd annual Martin Luther King Jr. Parade.



Several Members of Chi Phi Chapter and Several youth from the Omega Leadership Academy Mentor Program at the Colorado Capitol following the 2018 Parade



Several members of Chi Phi Chapter, family and friends marching down Colfax during the 2018 Parade



Xi Pi Chapter Achievement Week Activities



Monday, November 13, 2017

The Brothers of Xi Pi attended Colorado Springs Teen Court to teach Life Skills lessons to troubled teens. Afterwards, the Brothers fellowshiped at Buffalo Wild Wings for Monday Night Football.



Tuesday, November 14, 2017

The Brothers of Xi Pi gave away five turkeys to The Women's Resources Agency to help five needy families to have a traditional Thanksgiving meal. The turkeys were provided by Bro. Donald Fleming from the Walmart store he manages.



Wednesday, November 15, 2017

The Brothers of Xi Pi fellowshiped at the bowling alley. The brothers enjoyed each other's company while having a friendly battle on the lanes.



Thursday, November 16, 2017

The Brothers of Xi Pi fellowshiped at the sports bar, Rhino's. The brothers watched Thursday Night Football on the big screens and enjoyed a meal together.



Friday, November 17, 2017

The Brothers of Xi Pi fellowshiped at Bro. Henderson's home while rededicating their lives to Omega for the next year. Xi Pi Chapter is keeping the light shining and shield held high.



Saturday, November 18, 2017

The Brothers celebrated their annual Founders Banquet at The Antlers Hotel. Bro. John Register, the keynote speaker, delivered a powerful message. Eric Hamilton, Chi Phi Chapter (Denver) Basileus and wife attended the banquet.

The Achievement Week Award Winners:

Founders Award - Brother Donald Fleming

Superior Service Award - Brother Tim DeRamus

**Colonel Charles Young Leadership Award -
Brother Robert Smith**

Citizen of the Year Award - Brother Jim Abbott

Omega Man of the Year Award - Brother Dr. Eric Brazell



Sunday, November 19, 2017

The Brothers finished Achievement Week by attending church service at Emmanuel Missionary Baptist Church.

SAM HUNTER JR. INDUCTION

On September 23, 2017 Brother Samuel C. Hunter, Jr. (Omega Chapter) Was inducted into Colorado Springs, CO's William J. Palmer High School's Hall of Fame. This school has graduated over 41,000 students and to date there are only 113 who have been inducted into its Hall of Fame. The school, once called The Colorado Springs School, was the only high school at that time and did not allow minority participation in team sports. Brother Sam Hunter became a member of the tennis team and excelled in that sport. He completed high school then college and received his pilot wings as a member of the Tuskegee Airmen in 1945. While on active duty, he primarily flew the B- 25 bomber aircraft.

He separated from the Army Air Corps in 1945 and entered into business with his father, a mortician. They successfully developed that business including the local Evergreen Cemetery. He Started the first black realty company in Colorado Springs and was directly responsible for developing affordable housing areas in the city.

While a student in college he became a member of Omega Psi Phi, Fraternity in 1937 via Theta Psi Chapter (West Virginia University). Brother Hunter exceeded the qualifications of most of the previous inductees and is only one of two minorities to ever receive this honor. Lastly, Bro. Hunter was instrumental in the creation of Xi Pi Chapter. He was an active member of Xi Pi Chapter until he passed away in 2013.



(L-R) Bro. Hunter's Daughter Carolyn, his widow, Minnie-Ray Hunter, Brother Lowell Bell and Brother Hunter's daughter Jocelyn pose for a photo in front of Brother Hunter's photograph.



BrainCare

XI PI CHAPTER PARTICIPATED IN THE COLORADO SPRINGS BRAIN CARE AS A PART OF IT'S OMEGA DAY OF SERVICE ON 17 DECEMBER 2016. XI PI CHAPTER VISITED THE BRAIN CARE FACILITY AND SPENT TIME WITH STAFF AND PATIENTS OF THE FACILITY. BRAIN CARE PROVIDES DAILY SUPPORT FOR INDIVIDUALS WITH ACQUIRED OR TRAUMATIC BRAIN INJURY. MENTAL HEALTH IS A MAJOR INITIATIVE OF OMEGA PSI PHI FRATERNITY, INC.'S "BROTHER, YOU'RE ON MY MIND" PROGRAM. THE BROTHERS OF XI PI ARE EACH OTHERS KEEPER AND ALSO WANT TO ENSURE THE COMMUNITY IS AWARE OF MENTAL ILLNESS AND HOW TO SEEK TREATMENT.





CARE AND SHARE

XI PI CHAPTER

PARTICIPATED IN THE CARE AND SHARE PROGRAM ON 17 DECEMBER 2016. THIS WAS A PART OF XI PI'S OMEGA DAY OF SERVICE INITIATIVE. CARE AND SHARE PROVIDES MILLIONS OF POUNDS OF FOOD TO 31 COUNTIES IN SOUTHERN COLORADO. IT'S MISSION IS TO BRIDGE THE GAP BETWEEN HUNGER AND ABUNDANCE.

XI PI CHAPTER MEMBERS MAKE UP THE 7,000 CARE & SHARE VOLUNTEERS WHO ASSIST IN PACKAGING FOOD DESTINED TO FEED THE HUNGRY. NOT ONLY WERE XI PI MEMBERS VOLUNTEERS, XI PI CHAPTER AND THE UPLIFT FOUNDATION DONATED \$500 TO THE CARE AND SHARE PROGRAM.





MALE BRUNCH

On March 4th, 2017, the Active Duty Military brothers of Xi Pi Chapter, met with the Air Force Academy Cadets in the Way of Life Committee (similar to a Black Student Union) for their annual Male Mentorship Brunch. Bro. Courtney Henderson opened his house to host the event. Bro. Paul Prosper, the Way of Life Committee Officer-In Charge, led the session. Three other Active Duty Xi Pi brothers were present to mingle, uplift and network with the cadets. The cadets and brothers ate breakfast together and discussed an article titled "Why Black Officers Fail". The engaging discussion uplifted the future Air Force Officers on tools, techniques and procedures to help them safely navigate the waters of Active Duty Military service. The brothers of Xi Pi Chapter look forward to mentoring the Air Force Academy cadets at the next brunch mentorship session.





NEBRASKA

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BETA UPSILON ACHIEVEMENT WEEK NOV.13TH-18 TH, 2017

Monday, November 13th, marked the first day of what was a successful achievement week for the Beta Upsilon Chapter in Omaha, Nebraska. A Reclamation Event was hosted by the State Representative, Trevis Sallis (BY '90), and Tau Kappa Chapter at the Fair Deal Café, an African American owned restaurant in the heart of North Omaha. There were 30 brothers in attendance who fellowshiped and displayed true Omega spirit.

On Wednesday November 15th, Brother Jeremey Crump (BY '17), led Beta Upsilon and Tau Kappa with reading to students at Central Park elementary. The brothers read to five separate classes and fun was had by all students, teachers and brothers. The brothers talked to the students and put an emphasis on the importance of getting a sound education. The brothers explained that the foundation of that sound education starts with reading. Each brother closed out their time with the classroom by high fiving every student in their respective classroom.

Project Manhood took center stage on Thursday, November 16th as brothers met at Central Park to hold the monthly Project Manhood and Friends meeting. The topic for discussion was: Athletics vs education. Former Creighton basketball standout, Josh Jones, was the guest speaker and communicated a message of courage, perseverance, and persistence. He also brought along a copy of his documentary highlighting his life and the obstacles he faced. Every student walked away with a free copy.

On Friday November 17th 2017, the brothers of Beta Upsilon honored our founders with a banquet. This banquet was held at the University Nebraska at Omaha, which was attended by more than 300 guests. Beta Upsilon hosted community outreach programs, churches, political dignitaries, colleges and their respective organizations.

The Keynote speaker for the event was world renowned speaker Ayanna Najuma. Her topic was "What would you have done?" This topic fell in line with the Achievement week theme, "When the world calls, Omega Answers." During the banquet, Beta Upsilon recognized the following award winners:

High School Essay Contest - Melia Watson,
Citizen of the Year - Idelene Williams
Superior Service Award - Brother Barry Thomas
Omega Man of the Year - Brother Bill Walker

Brother Fred Whitted won the inaugural "Great Brother award," given to him for his unquestioned spirit of Manhood, Scholarship, Perseverance, and Uplift. This event was a success and the presence of Omega Psi Phi Fraternity was truly felt in Omaha, NE that night.

On Saturday November 18 th , brothers competed in a 3-on- 3 basketball tournament. The event was held at the Omaha North Star facility. Eight teams aspired to win the 2017 tournament championship. Brothers Mark Matthews (EE '08), Tyvon Merritt (BY '17), and Chris McCroy (BY '17) were determined, fearless and would not be denied. With a sound game plan and Brother Tyvon Merritt leading the charge (8th District Keeper of Finance, Osuman Issaka as team General Manager), the team was up to the task and took home the 2017 3-on- 3 championship trophy. This concluded a great 2017 Achievement Week by the Brothers of Beta Upsilon.

BETA UPSILON ACHIEVEMENT WEEK NOV.13TH-18 TH, 2017



Beta Upsilon Chapter in Omaha, Nebraska

PROJECT MANHOOD AND FRIENDS SPRING BREAK EDUCATIONAL TOUR

During Spring Break 2018 for Omaha Public Schools (OPS), student participants of Project Manhood & Friends visited Atlanta Georgia as part of an educational tour. Project Manhood & Friends is sponsored by the Beta Upsilon Chapter. The Chapter is in partnership with multiple schools within the OPS District. This partnership has been in place for almost 20 years. Over the past six years, the Chapter has applied for grants and thus far has received more than \$200,000 in support. A key objective the program wants our students to understand is that “Greatness is going beyond your comfort zone”.

Students need to understand that there is more to life than the people on their block, neighborhood and State. Therefore, we make sure the tour is always outside of the state of Nebraska. It is important for our future leaders to be well rounded. Project Manhood & Friends teaches young men and women various principles that will guide them through adolescence to Manhood & Womanhood. These principles ensure that they are productive citizens in through the next millennium.

College Visits

One of Projects Manhood’s goals is to educate our young men and women by exposing them to the realistic possibility of receiving a college education. During the Atlanta educational tour, we visited Morehouse, Clark and Spellman. These HBCU’s share the commitment by continuing its rich tradition of developing leaders and enhancing the intellectual, social and economic condition of its student body. During the tour, the students were strongly encouraged to focus on good grades now because of the impact it will have in the future.

Atlanta Aquarium

Students were also afforded the opportunity to visit the Atlanta Aquarium. This aquarium houses several thousand-underwater fish and creature exhibits. The students were very engaged and participated in multiple hands-on experiences with deep sea artifacts.

NBA Game

To attend a trip of this magnitude, participants must have earned the opportunity. Before being allowed to go, school teachers or parents are contacted regarding their children’s’ behavior both at school and at home. As a reward for their excellent behavior the students attended a NBA basketball game between the Atlanta Hawks and the Oklahoma City Thunder. Everyone had a great time and to top it off the participants had the opportunity to go to the tunnel walk and give some players “high five’s” prior to the game.

Universoul Circus

Another highlight of the trip was attending the Universoul Circus. This is very significant because the circus is a troupe made up of all black performers. Most of the kids have never seen an an all-black circus and this was their first exposure.

PROJECT MANHOOD AND FRIENDS SPRING BREAK

EDUCATIONAL TOUR (cont)

CNN Museum

Most students do not like or care to watch news or stay updated on local or worldwide current events. The goal of Project Manhood & Friends attending the CNN Museum was to recognize and utilize creative and fun way to share the news while staying updated on current events. Students learned the behind the scenes aspect of news and the relevance it plays on everyone's life. As a bonus during the museum tour, student got the opportunity to meet CNN Student News Anchorman, Carl Azuz. The tour was a great learning tool that taught the young men and women the importance of modern technology and the role it plays in the news world. The participants also had the opportunity to get hands-on involvement by sitting in a "mock" newsroom.

16th Street Baptist Church

The sobering highlight and most impactful part of our trip was the visit to the 16th Street Baptist Church in Birmingham Alabama. While touring Atlanta, we decided it was imperative to take the students to Birmingham to witness the site of the bombing of the church and murder of young girls who attended the church. We were provided a talk by one of the pastors along with a video presentation of the events as they occurred. There was so much to take in and not enough words to express the mix of emotion you take away from the presentation of this tragic part of our history. The greatest lessons we can teach the young minds of Project Manhood & Friends is that violence NEVER solves anything.

International Headquarters of Omega Psi Phi Fraternity

The most meaningful part of the excursion was to the International Headquarters of our beloved Fraternity. For years as members of this organization, we have always spoke highly of Omega Psi Phi Fraternity, Inc. to the student participants. Due to this trip, the students would finally get the opportunity to see firsthand inside of the Omega Headquarters. As students, they only understand that Omega Psi Phi Fraternity sponsors the program that affords them the opportunity to do so many great things such as attending this educational tour. During this tour, they were able to experience the rich history that Omega has contributed to society. Students initially met in the Supreme Council Boardroom for a brief introduction of key members on the executive team. It was also a good experience for our young women. Even though it is a male organization, the young ladies were delighted to see women involved in the daily operations that make Omega great.

After introductions were made Brother Lee gave the entire group a tour of the facility capturing various moments in history where the men of Omega played an instrumental role. There is no doubt in my mind that this will be a lifetime memory for some of our young men and may play a pivotal part later in life if they are ever faced with the decision of joining a Greek Organization.

The trip was a rousing success! The young men and women of Project Manhood & Friends did an outstanding job in representing themselves, their schools and the organization in a positive light! We look forward to our next Project Manhood journey.

PROJECT MANHOOD AND FRIENDS SPRING BREAK
EDUCATIONAL TOUR (cont)



Students tour CNN studios for lessons on broadcast news



Vice Basileus of Beta Upsilon with a student in IHQ of Omega Psi Phi Fraternity, Inc.



Bro. Barry Thomas with students in front of the 16th St Baptist Church



Bro. Walt Henderson & Bro. Trevis Sallis attending to kids on the Educational Tour.

Omaha's Finest Visits Boy's & Girl's Club

On February 8th 2018, Brother Jeremy Rone (Fall '13), a member of the Omaha Police Department, dedicated his time to come and speak with the kids at the Mount View location of the Boy's and Girl's club. Bro. Rone showed up in full uniform to participate in a six-week program titled "Passport to Manhood."

During his visit, Bro. Rone opened the floor for a plethora of questions from the young and eager 4th and 5th grade young men as well as spoke on his duties as a police officer here in Omaha, Nebraska.

Bro. Rone also allowed some of the students to examine his uniform and items on his belt. Ofc. Rone shared personal stories and went over several ideas and concepts that young men can utilize in their everyday walk of life. The kids enjoyed their time spent with Bro. Rone and asked that he return to speak again in the future. Bro. Rone has been a member of the police force for close to a year.

He is using his time as a rookie to lift as we climb and reach out to youth and provide uplift for our community.



Bro. Rone giving time to speak to kids in the community



SOUTH DAKOTA

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Isaac Armstead making most of his opportunity at South Dakota

By Mick Gary, 7 April 2018

<https://www.argusleader.com/story/sports/college/university-of-south-dakota/2018/04/07/isaac-armstead-making-most-his-opportunity-south-dakota/495024002/>

VERMILLION – For two-and-a-half seasons on the active roster, Isaac Armstead served in a support role for the South Dakota football team, putting in the time on special teams and doing whatever else was needed from a player who wasn't in the starting lineup. Normally, if a cornerback is going to be a starter within a college football program, it's going to happen before it happened to Armstead, a 5-foot-9, 185-pounder from Broken Arrow, Okla., who redshirted his first year and will go into next fall as a fifth-year senior. Sometimes opportunities don't arrive the way you'd like them to. In Armstead's case it was because three cornerbacks left the team at the same time accompanied by negative circumstances.

That had nothing to do with the opportunity itself, though, or Armstead's capacity to use it to his advantage. "I've taken on a new leadership role," said Armstead, who makes annual appearances on Missouri Valley Conference all-academic squads. "I still remember my freshman year, I was just one of the young pups. This spring I've been working on a lot of technique, a lot of fundamentals. I'm trying to bring the young guys up with me." One of the differences is that Armstead was playing behind some of those young guys in the past. Now the Coyotes will be depending on him. Just like they were through the last four regular-season games last year and two playoff games. There were expectations that Armstead and Mark Collins, Jr., another back-up- turned starter at midseason, would be made conspicuous targets by opposing quarterbacks. While the defense did have its share of struggles over that span, it wasn't like the cornerbacks had any more to do with it than anyone else. Armstead had an interception in the end zone in the playoff win over Nicholls State last year, while also forcing a fumble in that contest. For the season he had three interceptions and was one of the defense's most active tacklers once he moved into a starting role.

"It's a testimony to his stick-to-itiveness," South Dakota coach Bob Nielson said. "He wasn't playing a lot but when his number got called last year, he stepped up and played really, really well for us through the second half of the season and now is putting himself up in position where as a senior he is one of the leaders in our secondary." And how does something like that happen? Only by keeping a good attitude when that isn't the easiest thing to do. Football has to stay fun somehow in the absence of playing time. "You always have to be ready when your shot is called," Armstead said. "We had some things go down from the DBs' standpoint. I remember getting together that week – it was like, 'We all got to step up.' Mark was going to have to make some plays and I was going to have to make some plays."

Armstead had been paying attention. It's a personality trait as much as it is a commitment to mental discipline. "He's not just a good student, he's involved in a lot of things on campus," Nielson said. "He's involved in a lot of organizations. I'd say he's taking full advantages of all the opportunities here at the University." That part of it came with encouragement from his father, Armstead said. You don't travel all the way to Vermillion from Broken Arrow without trying to make yourself useful. He's a member of the Omega Psi Phi fraternity, and also is involved in the black student union and various activities affiliated with the business school. "I guess I'm here, there and everywhere," Armstead said. "I really try to get involved in my community – I try to take advantage of all the resources available. My father always instilled that in us. You should be more than just an athlete. I've always had my hand in academics and athletics as well as my community. I think it helps me be a better man."



BROTHER, YOU'RE ON MY MIND

Changing the National Dialogue Regarding Mental Health Among African American Men

Have you known men who wouldn't admit that something was wrong?

Have you tried to tough it out in times of psychological stress?

Life can be hard. Everybody has trouble coping sometimes. But mental illness, including depression, is a major public health problem. Every year, more than 40 million Americans struggle with mental illness. African American men are as likely as anyone else to have mental illness, but they are less likely to get help.

Depression and other mental illness can be deadly if left untreated. Suicide is the third leading cause of death among African Americans 15 to 24 years old. Untreated mental illness can make African American men more vulnerable to substance abuse, homelessness, incarceration, and homicide.

Omega Psi Phi Fraternity, Inc., and the National Institute on Minority Health and Health Disparities (NIMHD) have launched an initiative to help start conversations about mental health: *Brother, You're on My Mind: Changing the National Dialogue Regarding Mental Health Among African American Men*.

This initiative has two major goals:

GOAL 1:

To collaborate on efforts to educate Omega members, their families, and related communities on the effects of depression and stress.

GOAL 2:

To communicate the importance of seeking help for mental health problems and to encourage affected individuals to get information, possibly by talking with their health care providers, in order to obtain appropriate treatment.

National Alliance on Mental Illness. (2015). Mental health by the numbers. Retrieved from <https://www.nami.org/Learn-More/Mental-Health-By-the-Numbers>

National Alliance on Mental Illness. (2015). Mental health: know the warning signs. Retrieved from <http://www.nami.org/akaresources>

Black Mental Health Alliance. (2003). Souls of black men: African American men discuss mental health. Retrieved from <http://www.consumerstar.org/pubs/Souls.pdf>

This initiative will use a variety of activities to raise awareness of the mental health challenges associated with depression and stress that affect African American men and their families.



NIMHD will lead the development of materials about depression and stress that are based in the science of mental health. The materials will be disseminated by Omegas through national, regional, and chapter meetings and events. NIMHD will also support an evaluation to determine how well the initiative is working and will connect Omegas with other resources, including mental health experts who can speak at events.

NIMHD envisions an America in which all populations have an equal opportunity to live long, healthy, productive lives.

To accomplish this, NIMHD raises national awareness of the prevalence and impact of health disparities and disseminates effective individual-, community-, and population-level interventions to reduce and encourage elimination of health disparities.

<http://www.nimhd.nih.gov/>

The Omega Psi Phi Fraternity, Inc., mission is to bring about union of college men of similar high ideals of scholarship and manhood in order to stimulate the attainment of ideas and ambitions of its members; occupy a progressive, helpful, and constructive place in the political life of the community and nation; foster the humanity, freedom, and dignity of the individual; and aid downtrodden humanity in its efforts to achieve higher economic and intellectual status.

<http://www.omegapsiphifraternity.org/home.asp>

Omega chapters will be encouraged to participate in a variety of ways:

- Ω Find their local (state or county) mental health resources and providers.
- Ω Have a mental health professional speak during a chapter meeting to discuss depression.
- Ω Display and distribute print materials at key locations (e.g., barbershops, churches).
- Ω Host a community forum on mental health for men.
- Ω Participate in a health fair and distribute materials.
- Ω Work with congregations and health ministries to focus on mental health.
- Ω Develop local partnerships that make larger workshops and a wider impact possible.
- Ω Encourage local mayors and city officials to establish proclamations on men's mental health.

The following resources and websites offer additional information on mental health:

- Ω *Mental Health: A Report of the Surgeon General* (1999), <http://profiles.nlm.nih.gov/ps/access/NNBBHS.pdf>
- Ω *Mental Health: Culture, Race, and Ethnicity—A Supplement to Mental Health: A Report of the Surgeon General* (2001), <http://www.ncbi.nlm.nih.gov/books/NBK44243/>
- Ω National Institute of Mental Health (NIMH), <http://www.nimh.nih.gov>
- Ω *Eunice Kennedy Shriver* National Institute of Child Health and Human Development (NICHD), <http://www.nichd.nih.gov>
- Ω U.S. Centers for Disease Control and Prevention (CDC), <http://www.cdc.gov/mentalhealth/>
- Ω Substance Abuse and Mental Health Services Administration (SAMHSA), <http://www.samhsa.gov>
- Ω National Alliance on Mental Illness (NAMI), <http://www.nami.org>
- Ω American Psychological Association (APA), <http://www.apa.org>



NIH National Institute on Minority Health and Health Disparities



**MANHOOD, SCHOLARSHIP,
PERSEVERANCE, UPLIFT**

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